

# FIVES & FRAMES



FINISHED SIZE: 72" x 90"  
FINISHED BLOCK SIZE: 4 1/2"

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By Quilted Friends  
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Use **scraps** to make this twin size quilt. Cut 5" squares and make 5" rail fence blocks. Add borders. Construction is quick and easy in 4 steps.

- (1) **Quilt Body**  
Made from 82 - 5" squares and 83 rail fence 5" units
- (2) **Inner Border (Dark Fabric)**  
Made from 2 3/4" strips
- (3) **Middle Border (Light Fabric)**  
Made from 5" strips
- (4) **Outer Border**  
Made from 68 - 5" squares

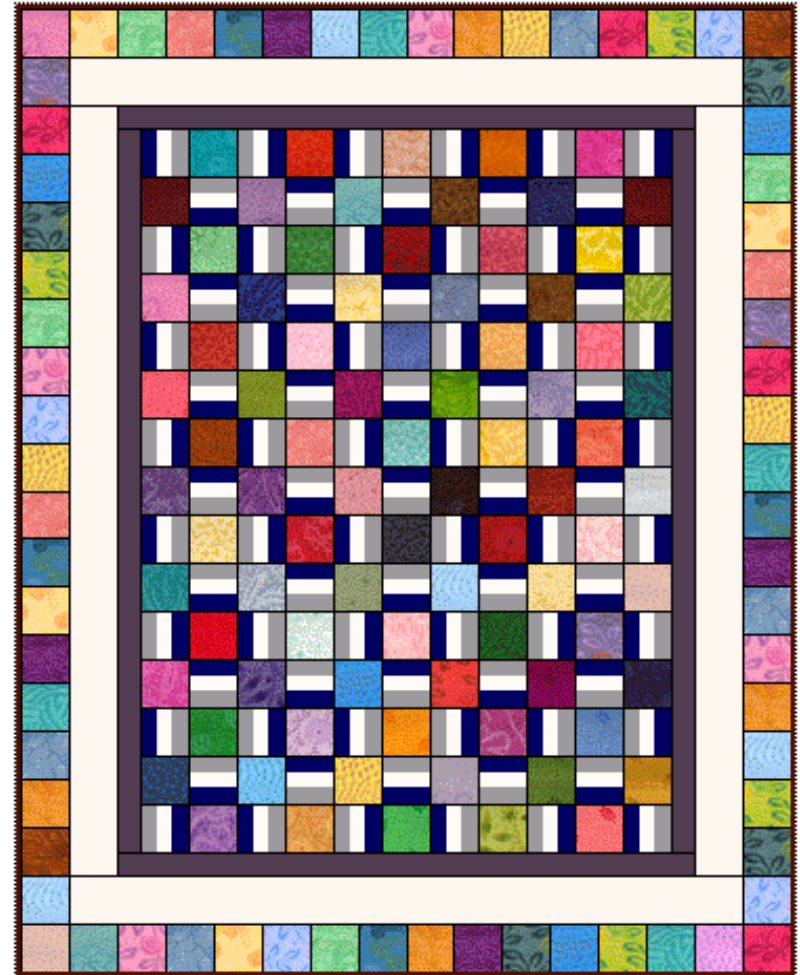
- Make 5" Rail Fence Blocks** Use 1/4" seams throughout.  
Use three fabrics. Two fabrics need to be dark and one needs to be light to achieve the framing effect. Cut individual rails the indicated width by 5" long and piece together, dark-light-dark or strip piece as follows:
- Dark Fabric #1 Cut 10 strips, each 2" wide x WOF
  - Light Fabric Cut 10 strips, each 2" wide x WOF
  - Dark Fabric #2 Cut 10 strips, each 2" wide x WOF
  - o Strip piece 10 sets of three fabrics together placing the light strip in between the two dark strips.
  - o Press seams away from the middle.
  - o Cut strip sets into 5" sections to yield a total of 83 rail fence blocks.

**Assemble Quilt Body**  
Alternate 5" squares and rail fence blocks in 15 rows, with 11 blocks in each row. Follow the diagram to properly rotate the rail fence blocks to achieve the alternating framing effect. When you are satisfied with fabric placement, label the first block in each row to keep the rows in order. Sew blocks together to make each row. Press seams in "odd numbers rows" in one direction and seams in "even numbered rows" in the opposite direction. Sew rows together. Row seams can all be pressed in any direction you choose.

**Add Inner Borders** *Press seams toward inner border.*  
Cut 6 strips 2 3/4" x WOF. Piece to make 2 strips, 2 3/4" x 68". Sew one to each side. Piece to make 2 strips, each 2 3/4" x 54 1/2". Sew one to top and one to bottom.

**Add Middle Borders** *Press seams toward middle border.*  
Cut 4 strips 5" x WOF. Piece to make 2 strips, 5" x 72 1/2". Sew one to each side. Cut 4 strips, 5" x WOF. Piece to make 2 strips, 5" x 63 1/2". Sew one each to top and bottom.

**Add Outer Border Blocks** *Press seams toward middle border.*  
Piece together 2 strips of 18 - 5" blocks. Sew one strip to each side. Piece together 2 strips of 16 - 5" blocks. Sew one strip each to top and bottom. .  
*Being careful not to stretch the fabrics and seams, I recommend stay-stitching around the perimeter of your quilt 1/4" from edge to prevent border from rippling during the quilting process. A walking foot works best for this stitching.*



*Cottage Garden Quilts*

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